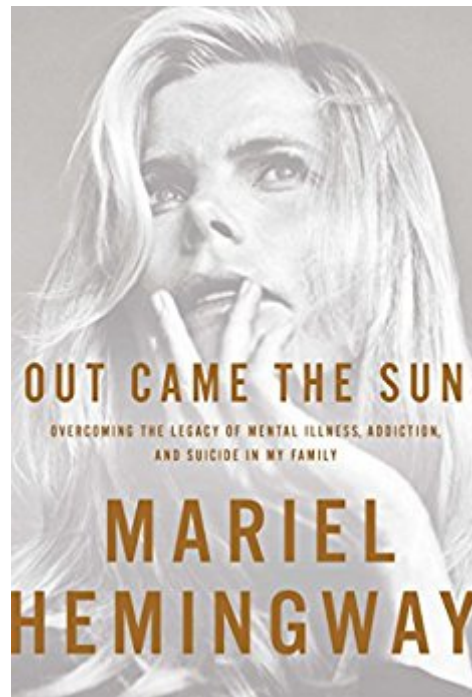


The book was found

Out Came The Sun



Synopsis

A moving, compelling memoir about growing up and escaping the tragic legacy of mental illness, suicide, addiction, and depression in one of America's most famous families: the Hemingways. She opens her eyes. The room is dark. She hears yelling, smashed plates, and wishes it was all a terrible dream. But it isn't. This is what it was like growing up as a Hemingway. In this deeply moving, searingly honest new memoir, actress and mental health icon Mariel Hemingway shares in candid detail the story of her troubled childhood in a famous family haunted by depression, alcoholism, illness, and suicide. Born just a few months after her grandfather, Ernest Hemingway, shot himself, it was Mariel's mission as a girl to escape the desperate cycles of severe mental health issues that had plagued generations of her family. Surrounded by a family tortured by alcoholism (both parents), depression (her sister Margaux), suicide (her grandfather and four other members of her family), schizophrenia (her sister Muffet), and cancer (mother), it was all the young Mariel could do to keep her head. In a compassionate voice she reveals her painful struggle to stay sane as the youngest child in her family, and how she coped with the chaos by becoming OCD and obsessive about her food, schedule, and organization. The twisted legacy of her family has never quite let go of Mariel, but now in this memoir she opens up about her claustrophobic marriage, her acting career, and turning to spiritual healers and charlatans for solace. Ultimately Mariel has written a story of triumph about learning to overcome her family's demons and developing love and deep compassion for them. At last, in this memoir she can finally tell the true story of the tragedies and troubles of the Hemingway family, and she delivers a book that beckons comparisons to Mary Karr and Jeanette Walls.

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Customer Reviews

In her book, Hemingway speaks of the older, middle and younger child "syndrome," and I think it's true. I'm the oldest, the outspoken, slightly unpredictable one. My middle sister is sensitive and unsure. And my little brother is the Angel in the family. Of course he is. Look at all the years he had to perfect his game!! I was riveted by this story and amazed at Hemingway's facility with words. The word "inspiring" comes to mind. Of course, she's had all those years of observing her siblings and she's absorbed all the good stuff. Mariel is the Hemingway Who Lived. I think she's done her grandfather proud. Her life is a testament to the fact that clean living and a sometimes hard-won positive attitude make it easier to achieve your goals in life, even if that goal is to feel comfortable in your own skin. Bright and with no lack of a backbone, I found it just as strange as she did when she had to be the one to inform Woody Allen that she wouldn't be travelling with him to Paris. Prescient, our Mariel. In fact, right from the start she possesses and exhibits a core of strength. I was around when Lipstick came out and remember the attendant publicity regarding Mariel's participation in it. In the book, she skims over the sexual violation aspect of her part and displayed a nonchalance in her reaction to it, which is how she did it back then. Actually, it was the perfect start to a career. A little sex scandal, a golden family pedigree, and reviews for her small part that were remarkably kind.

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